

'Recreational Gymnastics'

Recreational Trial session: £5

Course Cost: £21 for a 4 week block

Our Recreational programme is run alongside the British Gymnastics proficiency award scheme. Our coaches have many years experience in Gymnastics and have competed at the highest levels. Cherrelle Fennell the lead gymnastic coach represented Great Britain at The Athens Olympics in 2004. The club is currently building its recreational base level and the club is looking to build more, with the ambitions of our coaching team that they can achieve so much more. The club is a competitive club and has attended numerous competitions over the past year. The club aims to improve this and have gymnasts at a High Regional level within 5 years.

We currently have Competition and training beams; mini 'A' bars, multiple spring board and protectors, vaulting horses and a brand new Vaulting table, the club boasts a full sized sprung floor and a 12 metre tumble run. In 2015 the club is hoping to purchase full sized A bars.

Classes are built around good sound gymnastic principles or dedication hard work and discipline, with lots of fun and competition thrown in. The children have the opportunity to work up the Governing bodies own set standard badge proficiency scheme and receive badges and certificates to show how well they are doing. (These are an additional cost)

If you would like your son or daughter to take part in a sport that will get you fit healthy and strong then why not contact us on the details below:

Salford School of Gymnastics
North Salford Centre of Excellence
Devonshire Street
Higher Broughton
Salford
M7 4RE
Telephone No: 0161 792 5969
Email: cityofsalfordtc@btconnect.com